

Stroudsburg UMC

547 Main Street, Stroudsburg Pa

www.stroudsburgumc.com sumc@stroudsburgumc.com

570-421-6020

Worship Sundays at 8:30 and 11:00 am

Weekly eNews

The Reverend Monica B. Guepet, M. Div., Lead Pastor

Gather, Grow, Make a Difference!

Our Mission: Share the love of Jesus in welcoming and compassionate ways.

A note from the Pastor - Novemeber 6, 2026



"Offer to God a sacrifice of thanksgiving, and pay your vows to the Most High. Call on me in the day of trouble; I will deliver you, and you shall glorify me. " Psalm 50:14-15

As I look back over even the last year, I can not help but thank God for all of God's goodness.
As a congregation, we have had over 165 worship services, including Open Sanctuaries, countless Sunday School, Bible Study, and book studies.
We have fed over 5000 meals at the Soup Kitchen.
We have hosted VBS and fellowship meals, church picnics, and community events.
We have incubated businesses and provided space for launching singers and supportive service reviews.
We have collaborated with our community on housing and feeding our neighbors, on supporting our neighbors in times of domestic violence and job loss, re-entry, and recovery.
We have celebrated births, birthdays, graduations, job placements, baptisms, new members, weddings, and new homes.
We have prayed with people through loss of loved ones, addiction, medical challenges, chronic pain, chronic diseases, weather events, home loss, and much more.

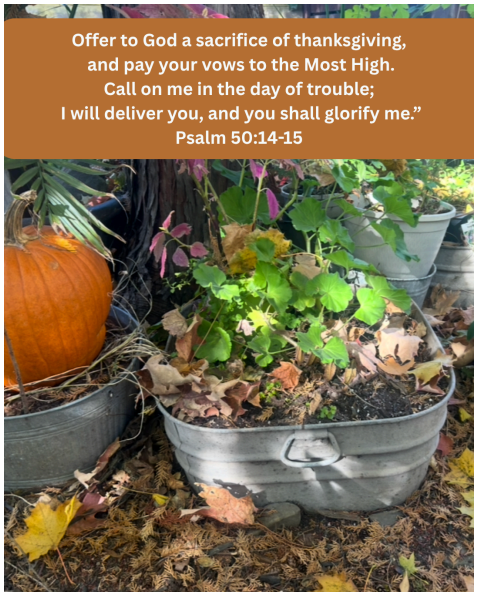
And also, we have seen answered prayers and miracles!
From week to week and month to month, we watched God as we prayed for a diagnosis and then an answer to prayer, a waited-for child, and then an answer to prayer, a grieving family, and the miracle of grace and peace. God has been so good to us! We have sought God faithfully, and continue to remind each other to turn to God, and God has been good!

So, this Sunday, we have an opportunity to give thanks to God. We can offer a sacrifice of thanksgiving to the God who has been with us all along. As we invite you to bring your commitment cards and talent sheets on Sunday, I pray that you bring them with a spirit of gratitude and thanksgiving. We will invite you to bring them forward at the time of offering. I invite you to give thanks to God. Can you imagine where you were last year compared to where you are now? With a pep in your step and joy in your heart, plan to join us as we celebrate the God who has been so good to us!

In God's Love,
Pastor Monica

Lead Pastor, Stroudsburg UMC

GATHER!



Coming up this Sunday November 8th our Worship Leader is Pastor Margie

Praise Song: "Thank The Lord"

Old Testament Lesson:
Psalm 50:14-14

Gospel Lesson: John 4:46-54

Pastor Monica's Sermon "Thank Offerings"
(I want my listeners to give God thank-offerings for the signs and wonders they have seen in their lives!)

Join us in person at 8:30 or 11:00 or

Join us live at 8:30 https://youtube.com/live/Dg5rpHOhrYg?feature=share
Join us live at 11:00https://youtube.com/live/dI1s1uqMknA?feature=share

The bulletin is available on the church website: stroudsburgumc.com

Stay up to date on church events - click the link below for our Google calendar:

SUMC Calendar

More EPA News & Information

2026 LEADERSHIP GATHERING
LIVING INTO OUR VISION

From Oct 21-Oct 24 United Methodists from across the globe gathered in Calvary to discern the next right steps for the UMC.

Retrace the moments with UM News: **https://www.umnews.org/en/news/gathering-offers-16-ideas-for-church-future**

Reflect on learnings:

From Named Realities to Newly Lived Practices
Summaries & Recommendations for Future Work

The work of discernment was done on behalf of us all. The impact of the discernment depends on each one of us. What stands out to you as you reflect on that has been shared? How might God be calling you to respond with the things that are in your hands right now?



Dear Friends in Christ,

Please save the date for the 2027 Annual Conference for The United Methodists of Eastern Pennsylvania from May 18-20, 2027. After much conversation with leaders from across Eastern PA, EPA Sessions discerned that it would be more beneficial for EPA to hold to the regular rhythm of meeting from Tuesday-Thursday, rather than switch with GNJ and meet Sunday-Tuesday. Particular consideration was given to the fact that Pentecost falls on May 16, 2027 and congregations may wish to schedule confirmation for that day.

The 2027 Annual Conference will take place at the Wildwood Convention Center, Wildwood, NJ as the search for an alternative location for the 2028 Annual Conference continues. Please mark your calendars and stay tuned for updates.

In Christ,

Rev. Joong Hyuck Kim, Conference Secretary

United Methodists of Eastern Pennsylvania

ASERT

Bringing autism resources together.

ASERT is offering a **FREE virtual training** for religious organizations on better recognizing and supporting autistic children, teens, and adults in your faith community. The training will cover autism characteristics and practical resources related to communication differences, sensory needs, and emotional regulation.

Choose a session:

- Tuesday, November 10 | 12:00 PM–2:00 PM → [Register Here]
- Monday, November 16 | 12:00 PM–2:00 PM → [Register Here]
- Thursday, November 19 | 10:00 AM–12:00 PM → [Register Here]

Each session covers the same information. Please select the date that works best for you and share any questions or topics you would like addressed when registering.

Thank you,
Pamela Piscitelli, MSEd
Outreach Specialist
ASERT and the Philadelphia Autism Project

A.J. Drexel Autism Institute
Drexel University

Christmas is Coming: Get your orders in by November 29th in order to receive Raise Right gift cards before Christmas. See insert in bulletin for a list of shops gift cards are available from. Don't forget to get gift cards for all of the special people in your life!

Cookbooks are ready to order! Help support the church and buy a cookbook in time for the holidays, cookbooks are $20 each. We will be printing copies of the Cookbook in December. Please sign up on the order sheet in the Fellowship Hall before Sunday, November 29th.

Free Veterans' Day Lunch for Veterans

By Pastor Margie

All Veterans are invited to attend a complimentary lunch at the East Stroudsburg Elks' Club, located at 260 Washington Street, East Stroudsburg. It will be held on Veterans' Day, Wednesday, November 11, 2026. It will run from noon until 1:30 P.M.; one half of a small chicken will be the entrée, along with other side dishes. If a guest accompanies the Veteran; the cost for his or her meal will be ten dollars. The Elks Lodge is hoping to be able to express everyone's gratitude for all of the sacrifices that our Veterans and their families have given for all of us. There are no reservations needed for this wonderful event. Please mark your calendar so that you can join them! We all thank you for your service.

Holiday Gift Drive - Join the Missions Committee and help Meals on Wheels provide gifts to their homebound clients this holiday season. Now through November 29th, you can donate new, unwrapped items such as: gloves/scarves, slipper socks w/ grippers, candle warmers, long handle back scrubbers, jar openers, travel mugs w/ lids, sugar free candy, nightlights, small umbrellas, kitchen towels/oven mitts, flashlights/batteries, puzzles- large size pieces, handheld grabbers, and alarm clocks with large numbers. Items can be dropped off in the Fellowship Hall.

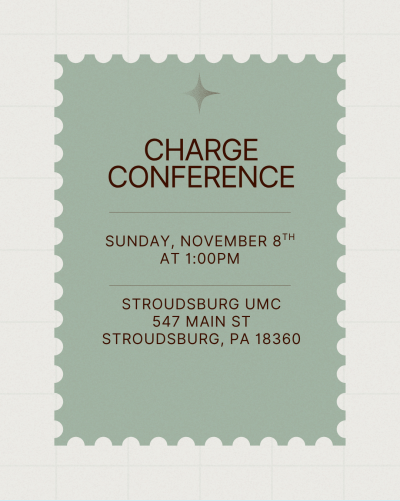
CSM Mini Academy Nov 7 at Hopewell UMC

All laity are invited to the Mini Laity Academy, at Hopewell UMC in the South District (852 Hopewell Road, Downingtown, PA) on Nov. 7 from 8am-5pm.
Choose from four engaging courses:

- The Basic Course with Judy Ehninger
- Finding Your Voice: Essentials of Preaching - an advanced speaking course led by Rev. Amy Banka.
- Leadership Lessons from a Reluctant Prophet - a leadership course led by Rev. Steve Morton.
- Finishing Strong: Nurturing our Aging Congregations - a caring ministries course led by CSM's Margie Krut and Celeste Schiller.

Registration and more information can be found on the Christ Servant Ministrites website or here. Contact Sheri Kentner at sherikentner@gmail.com if you have any questions.

Please note that there is a group traveling from the Poconos - let Pastor Monica know if you are interested.



Mark your calendar for our Charge Conference on November 8th at 1:00 pm. We will have lunch after the 11:00 service, and everyone is welcome to attend the Charge Conference. Our Charge Conference is the annual meeting of our church. Members are eligible to vote when appropriate.





This is Paula Benz, retired chaplain from VVA Hospice. These are some of her many mats for the unhoused. Thank you to everyone who has brought in plastic grocery bags!



On November 22nd , we will celebrate all that God has done for us with an InGathering focused on our Soup Kitchen.

Your gifts in November help us supply our Soup Kitchen throughout the year.

Please consider giving thanks to God and helping us feed our neighbors by supplying any of the following:

Cases of bottled water
Styrofoam take our containers (with 3 compartments)
Plastic ware (forks, knives, spoons)
Napkins
Dish Soap
Sponges
Paper towels
Pasta/Pasta sauce
Coffee/ Powdered creamer
Hot chocolate
Sugar/Artificial sweetener
Styrofoam cups
Coffee “to go” cups with lids
Plastic bags for to go meals
Mac and Cheese cups
Granola bars
Single serve sleeves of crackers

Please bring items to church on November 22nd and place them at the rail before worship begins. You may also bring items to church beforehand and leave them in the kitchen downstairs.

HELP US

PAINT THE TOWN RED

RED BOW: $25 **RED BOW WITH DEDICATION: $35**

ALL PROCEEDS BENEFIT LOCAL FOOD PROJECTS IN STROUDSBURG.

CONTRIBUTE HERE:
STROUDSBURGUMC.COM

PAY IN PERSON OR MAIL TO STROUDSBURG UMC
547 MAIN ST
STROUDSBURG, PA 18360

HELP US END HUNGER AND BRIGHTEN OUR TOWN WITH THESE BIG RED BOWS!

We will have a table on the square for
Spooky Stroudsburg and the Tree Lighting

THANK YOU TO THE POTTING SHED ON ANN STREET FOR MAKING THE BOWS!



Then Sings My Soul

BELOVED HYMNS AND SONGS INSPIRED BY THE MINISTRY OF BILLY GRAHAM

Sunday, November 8 at 4PM

Cherry Lane United Methodist Church
4326 Cherry Lane Church Road
Tannersville, PA

Free Concert Event!

Come and celebrate Cherry Lane Church's 160th Anniversary with this original musical program about hymns, their histories, and the Billy Graham ministry.

Please call 570-629-1990 for more information.

www.LeePproductionsLLC.com

ESUMC
EAST STROUDSBURG
UNITED METHODIST CHURCH

LIFELINE GLOBAL MEAL PACK

Friday & Saturday, Nov. 13-14, 2026

Help package nutritious meals that will be shipped globally to children and families who are impacted by hunger and malnutrition.

All it takes is an 90 minutes of your time

- Individual sponsorship of $65 to package 200 shelf stable, nutritious meals.
- Team sponsorships $455 to package 1, 400 meals

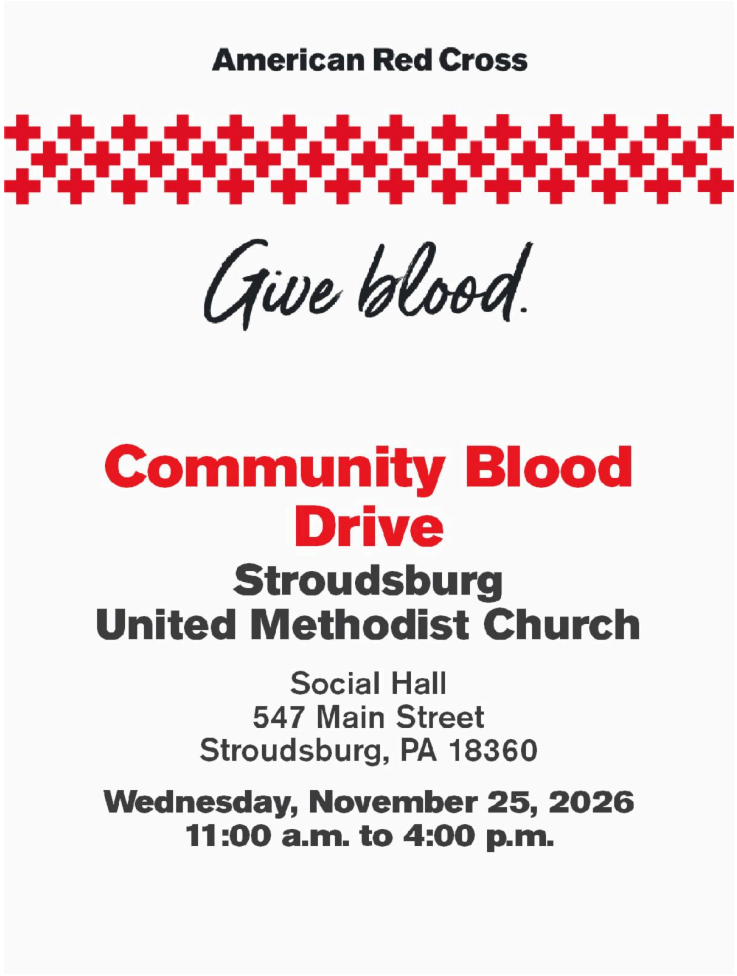


SCAN ME

Packing Times:

- Friday 11/13
  - 5 pm - 6:30 pm
  - 7 pm - 8:30 pm
- Saturday 11/14
  - 8:30 am - 10 am
  - 10 am - 11:30 am
  - 12 pm - 1:30 pm
  - 1:30 pm - 3:30 pm

Register at https://esumc.net/events
Contributions and pledges also accepted online.



Red Cross Blood Drive: There will be a blood drive at the church on Wednesday, November 25th from 11-4. Sign up here: https://www.redcrossblood.org/give.html/donation-time?zipSponsor=18360&driveType=all

CEASEFIREPA

Monroe County
End Gun Violence Vigil

Please joinCeaseFirePA, UUFP and UUCLV together with community partners for a vigil honoring those taken by gun violence in Monroe County this year.

The program with feature special guest speakers, music, and a ceremony to remember victims and survivors of gun violence.

Light food and refreshments to follow.

Sunday, Dec 13 2-4PM

UUFP 118 Knight St. in Stroudsburg

A Christmas Cantata



December 20, 2026 at 2pm

Zion United Church of Christ

14 N. 8th St., Stroudsburg, Pa 18360

Free to All -

A Goodwill Offering Will be Donated to the Wesleyan Winter Shelter

FAITH FRIENDS CAFE

Presented by Faith United Methodist Church

A PLACE OF JOY & CONNECTION

Community members experiencing cognitive challenges and their caretakers are invited to enjoy friendship, activities, and a light meal. Caretakers stay and participate alongside their loved ones.

Led by a Cognitive Specialist and Licensed Occupational Therapist



Fun & Meaningful Activities

Community Connection

Nourishment & Fellowship

REMAINING 2026 DATES

- **AUGUST:** 12 & 26
- **SEPTEMBER:** 9 & 23
- **OCTOBER:** 7 & 21
- **NOVEMBER:** 4 & 18
- **DECEMBER:** 2 & 16

ALL GATHERINGS: 11:00 AM–1:00 PM

REGISTRATION IS NOW OPEN!

www.stroudsburgfaith.org/faith-friends

Telephone: 570-424-0712

Wilson Fellowship Hall
Faith United Methodist Church
1160 Clause Dr., Stroudsburg, PA

VOLUNTEERS NEEDED & WELCOMED!

SUPPORTED BY OUR COMMUNITY SPONSORS

United Methodist Church FAITH Stroudsburg, PA

NC NASCENT COMMUNITY HEALTHCARE NETWORK
CARE NAVIGATION & PATIENT ADVOCATE

MONROE COUNTY DEMENTIA COALITION

Respite for All FOUNDATION



Join us for

Bible Study

Join us for Bible Study on Wednesday's at 10:00am in the lounge. This fall we are exploring the topic Judges Spiral : We repeat what we don't repair. The book of Judges and our lives have a lot in common. Join us as we explore both.


Join us for
Just Social
2nd & 4th Tuesdays each month (1:30-3:00 pm) in the Lounge or Fellowship Room. Come join us - play cards, board games or just chat! Do you have a hobby or interest you would like to share? Have you read a book that was so good you just need to tell someone about it? If this is you, or someone you know, we would love for you to join us! Please contact the church office for additional information.


Join us for
Stitch & Pray
Meetings are held on the first Monday of each month (7:00-8:30 pm) and the third Thursday of each month (1:30-3:00 pm). Meetings are held in the Lounge.
If you knit or crochet or would like to learn, please join us! All are welcome! For additional information, contact the church office. Please use the Ann Street entrance.

Ushers are needed for the 11:00AM Sunday Worship Service. If you are available on a regular basis or once in a while, please contact the church office. Your help will be greatly appreciated.

Grocery Bags Are Needed for an Ongoing Project to Help Others

By Pastor Margie

We have been asked to collect our usual, plastic grocery bags. We have a congregant whom will take them to her ally, every week. The colleague will crochet them into mats for the homeless to use under their sleeping bags, they are six feet by four feet and a few inches deep. The Salvation Army will accept as many of them as she can make to donate to them. We will have a container, in the Fellowship Room, for you to drop them off when it works for you. We have such a marvelous church family and we are truly a community church in the ways we help so a many people in multiple ways! Thank you for helping us and others!



November Birthdays

3 Jackie Herrero
6 Nancy Haase
6 Ronnie Bogart III
6 Jay Chamberlain
6 Lee Philips
7 CJ Penwell
11 Lori Dewitt
13 Daniel Butz
13 Audrey Weber
21 David Butz
21 Bill Hoy
22 Debbie Marsh
27 Michael Seip



Special Person of the Week

Janet Marsh
1170 West Main Street
Room #121
Stroudsburg, PA 18360
Please remember her in prayer
and if possible, please send a card.

JOIN US LIVE

SUNDAYS AT 8:30 AND 11:00 AM

LIVE STREAM

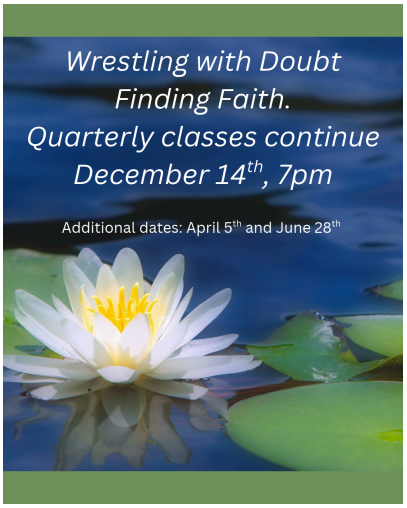
STROUDSBURGUMC.COM

YouTube: @stroudsburgumc3087

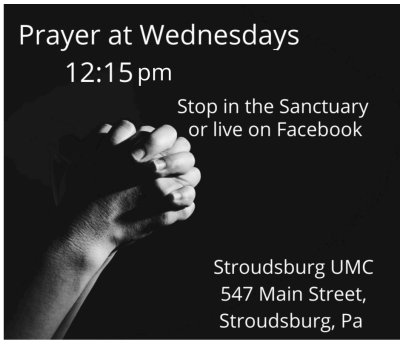
GROW!

COUNTERS NEEDED Our church is in need of additional counters of Sunday collections. If you have a couple of hours free on Monday mornings, please let the office know or call C.J. Penwell at 570-656-3993. You will work with a head counter who will train you on the procedures used. It is not difficult and is a casual atmosphere. Counters are scheduled for each Monday for a month and then rotate to another month throughout the year. Please consider volunteering to help the church in this way.





Finding Faith. Everyone has doubts. Where is God when bad things happen? Does God hear our prayers? Is there a heaven? How can we know? Often we treat such questions as the enemy of faith. But uncertainty doesn't mean our belief is lacking. Doubt can be a path to a deeper, richer encounter with God. This quarterly class is designed so that you can attend just one session if you cannot attend the others. Mark your calendars for December 14th, April 5th, and June 28th, all at 7:00 pm.



OPEN SANCTUARY Every Wednesday, our church is open from noon to 1pm for prayer. We have a devotion and live prayer at 12:15. You can join us live in person, online or view it later on Facebook. You do not need a Facebook account to participate. Join us for Open Sanctuary.



COMMUNITY RESOURCE CENTER REVITALIZATION PROJECT

Did you know that our church is a resource for our community? In addition to our weekly Soup Kitchen, Boy Scout Troop and Cub Pack, we partner with community organizations like Red Cross blood drives and emergency shelter, and others to make a difference in our community. Our building and property team has been working on revitalization plans for our downstairs to reflect our needs and growth. Updates and alignments to the kitchen, improvements, and accessibility to the bathrooms and refreshing to the dining room are included. Plans will be available for viewing after each service in the Fellowship Room. Ask our building and property team for more information.

UPDATE: As we are pondering donations to the Community Resource Center Revitalization Project keep this in your thoughts: Donations of $10,000 or more will be recognized on a bronze plaque which will be unveiled at a dedication ceremony. Families might consider joining together to memorialize or honor a loved one.

MAKE A DIFFERENCE!

Give to a Mission

A variety of missions are supported by our church. You can make a difference both locally and around the world by giving to these missions. If there is a particular mission that interests you, please provide the information to the office. Thank you for your continued support! If you have questions, please contact the office.



Raise Right Gift Cards

You can purchase physical gift cards from the church or create an account and purchase on the app!

Steps to Download the Raise Right App and Get Started:

- **Download:** Open the app store on your phone and search for "**RaiseRight**".
- **Install:** Select the **RaiseRight Fundraising** app and install it.
- **Sign In:** If you have an existing ShopWithScrip account, use the same login credentials.
- **Create Account:** If new, click "Sign Up" and enter your organization's specific enrollment code, provided by your program coordinator.
- **Set Up Payment:** Link your bank account or credit card in the app to start purchasing e-gift cards immediately





As a result of your generosity, we are originating a grant for families seeking basic necessities at the
Re-Store. We have established a partnership with Habitat for Humanity, Family Promise, and Safe Monroe, so that all families under case management seeking necessities (beds, tables, chairs) will receive them free of cost. The purchase will be funded from the Housing Families Grant. We are working with other faith organizations to support this effort. Thank you for caring for others. If at any point you would like to contribute to this grant, please mark your donation, Housing Families Grant, and we will be sure to administer the funds.

Giving is easier than ever. Use this QR code to give to the general fund or special ministry. Contact the office for more information.

Pastor's Discretionary Fund



Thanks to your generosity, we have already assisted dozens of families with rental assistance, utilities, food, and other essential needs. With changes to federal, state, and county funding, we are seeing an increase in the number of those coming for assistance. While we work with other agencies, the impact of funding shortages is affecting a lot of organizations. If you are able to contribute to our pastor's discretionary fund at any point and any amount, please place your contribution in the offering plate with the designation. You can also give on our website stroudsburgumc.com/donate
Thank you for helping us care for others.



We are still collecting Weis receipts. Weis Markets gives back 1% of the total of each receipt submitted. It all adds up! Please continue to bring your Weis receipts to church and place them in the large canister in the Fellowship Room.
Please note: the entire receipt needs to be submitted. Please do not cut the bottom of the receipt off. If the bottom portion of the receipt is cut off, we cannot submit it to Weis.
Receipts for prescriptions and gift cards can also be submitted.

Thank you for bringing in your Weis receipts! They make a difference. For the first quarter of 2026, we just received a check for $215.42. This is additional funding from Weis, generated by your submitted receipts, that supports our ministry efforts. Our gratitude to Ann Litchman, who tallies and implements this program. Don't forget to drop off your receipts in the coffee can labeled "WEIS RECEIPTS" in the Fellowship Room.

These funds are contributed to our General Fund and allow us to continue the ministries of our church. Please continue to bring in your receipts!

SUMC's Amazon Wish Lists

Soup Kitchen Needs
Amazon Wish List - Soup Kitchen
Building Our Library
Amazon Wish List - Building Our Library

Soup Kitchen



Our Soup Kitchen is a vital ministry feeding our neighbors every Sunday. We continue to serve take-out meals as well as offer our guests the option to sit down in the dining room and eat. Food stability remains a vital part of our community. Meals are served every Sunday from 2-3pm. We are always looking for additional volunteers to prepare and serve the meals.
Are you looking for how you can help the Soup Kitchen if you are unable to prepare and serve meals? When you are shopping, we need the following: Cases of water and Styrofoam take out containers. Check out our Amazon Wish List for Soup Kitchen and have items sent directly to the church! Amazon Wish List - Soup Kitchen
Thanks for serving our neighbors.

SOUP KITCHEN UPDATE FOR 2026:
As of June 7th, we have served over 800 meals this year.

Stroudsburg United Methodist Church | 547 Main St | Stroudsburg, PA 18360 US

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