



Stroudsburg UMC

547 Main Street, Stroudsburg Pa

www.stroudsburgumc.com

sumc@stroudsburgumc.com

570-421-6020

Worship Sundays at 8:30 and 11:00 am

Weekly eNews

*The Reverend Monica B. Guepet, M. Div.,
Lead Pastor*

Gather, Grow, Make a Difference!

Our Mission: Share the love of Jesus in welcoming and compassionate ways.

A note from the Pastor - September 25, 2026

"You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord, "My refuge and my fortress; my God, in whom I trust." Psalm 91:1-2

In the United Methodist calendar, there is often an odd time between when a new pastor has been appointed to begin on July 1st, and they have not yet begun. In January 2020, I had been appointed here to Stroudsburg, but was concluding my tenure at West Grove UMC, as Pastor Bob Shank was concluding his tenure here. It is usually a time of preparation and farewells. This one was complicated by the announcement of the COVID pandemic in March. All of the usual ways of transitioning had to be re-evaluated and some had to shift completely.



At West Grove, we had to shift our worship, as many churches did, as well as the weekly food distribution of our food pantry. We also shifted from about 10 families a week to 50-60 families, and from primarily low-income seniors with families of 1 or 2 to laid-off farm workers with families of 5-8. One unforeseen change was the shift from marginally religious recipients to faith-hungry recipients. We were inundated with requests for Bibles and prayers, devotionals and pastoral care. Imagine our surprise!

To a one, families would talk about the power of Psalm 91. Someone had gone ahead of us in the farm work on one of the production lines to teach these folks about the Psalms, particularly Psalm 91. In the first days, I thought, "Oh, this is wonderful. People have been introduced to the Psalms." And as I heard Psalm 91 again and again, sometimes recited by adults or children, I read it again and gave thanks to God. I remembered this passage from "Believer's Bible Commentary" by William MacDonald (Edited by Arthur Farstad - Thomas Nelson Publishers - Nashville):

Christian author William MacDonald had a miraculous testimony about Psalm 91. He began by saying: "Psalm 91 is my Psalm. In 1922, in the Western Hebrides, a five-year-old lad was dying of diphtheria. A mucous membrane was forming across his throat, and breathing was becoming increasingly difficult. His Christian mother turned her back so she would not see him take his last breath.

*At that very moment, there was a knock at the door. It was her brother-in-law from an adjoining village. He said, 'I've just come to tell you that you don't have to worry about the child. He is going to recover, and one day God is going to save his soul.' She was distracted and skeptical. 'Whatever makes you say that?' Then he explained he had been sitting at his fire reading Psalm 91 when God distinctly spoke to him through the last three verses. And here they are from 'The Scottish Psalms':
14. 'Because on me he set his love, I'll save and set him free;
Because my great name he hath known, I will set him on high.
15. He'll call on me, I'll answer him; I will be with him still,

In trouble to deliver him, And honor him I will.
16. With length of days unto his mind I will him satisfy;
I also my salvation Will cause his eyes to see."

*Then Willian MacDonald wrote, "I was that boy. God delivered me from death that night. He saved my soul thirteen years later, and He has satisfied me with long life. So you will understand why I refer to Psalm 91 as my Psalm. I usually add, with tongue in cheek, that I am willing to share it with others. But it is definitely my Psalm! *Most theologians don't agree with me at all. They say that this is a Psalm about our Savior. And of course they are right. Its primary interpretation concerns our wonderful Lord Jesus Christ. And we are going to study it from that perspective. But remember that, in a lesser way, we can take part in its precious promises: 'All the rivers of Thy grace, I claim; Over every promise write my name.'" Christians: We can claim this Psalm as ours today, because God has promised to bless us in special ways when we draw close to Him."

I give thanks to God for the miracles of providence that Psalm 91 inspired in the early days of 2020 in Southern Chester County. For the reminder of God's goodness and providence. I pray that God's goodness and faithfulness will also be yours, today and always.

In God's Love,
Pastor Monica

Lead Pastor, Stroudsburg UMC

GATHER!

Coming up this Sunday September 27th our worship leaders are Peggy and Jeanette

Praise Song: "His Mercy is More"

Old Testament Lesson: Exodus 17: 1-7

New Testament Lesson: Philippians 2:1-13

Pastor Monica's Sermon: " Our story: Humanity and History " (I want my listeners to give thanks to God for our human story and learn about the history of our faith.)

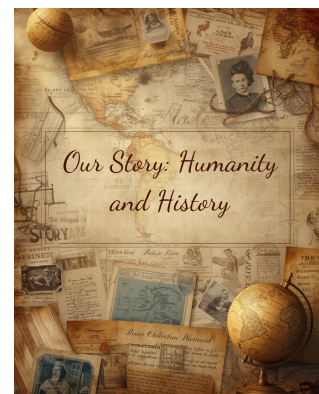
Join us in person at 8:30 or 11:00 or

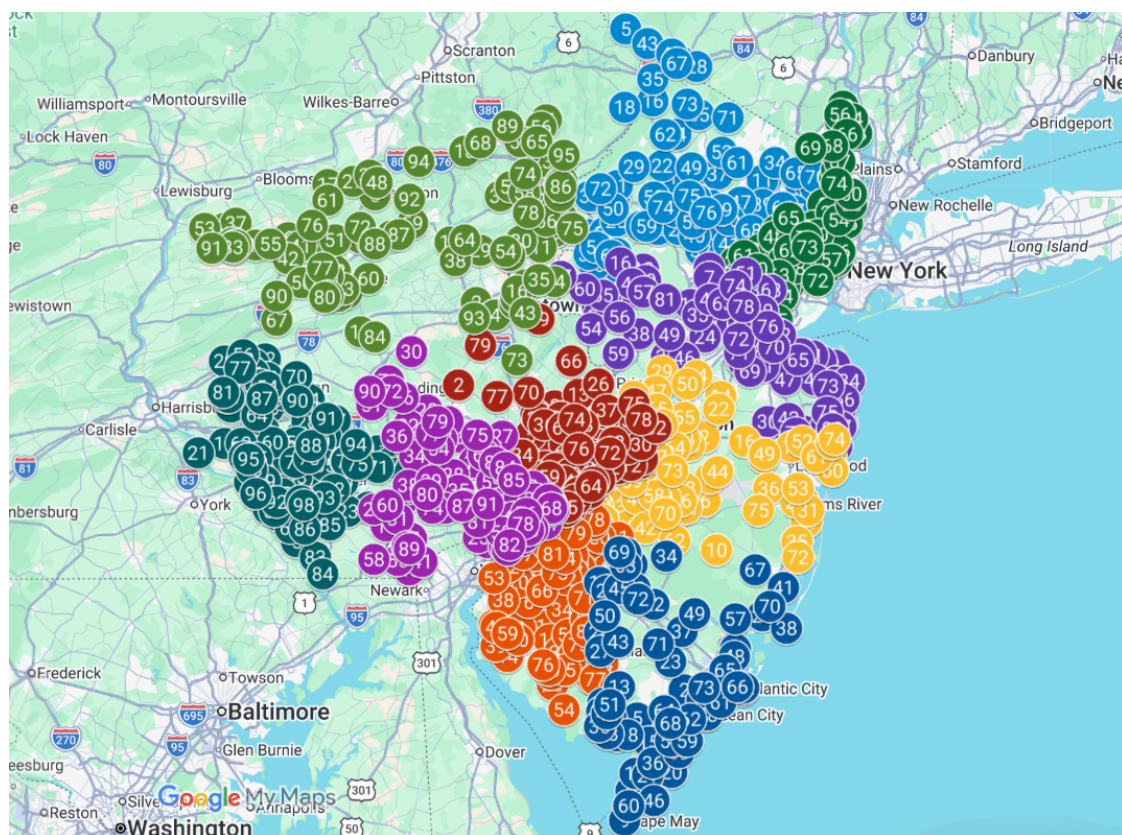
Join us live at 8:30 <https://youtube.com/live/SVYkoq6bXUY?feature=share>

Join us live at 11:00 <https://youtube.com/live/WjcnuChRUyU?feature=share>

The bulletin is available on the church website: stroudsburgumc.com

Stay up to date on church events - click the link below for our Google calendar:





Connection Begins with an Invitation

Sep 14, 2026 | Dawn Taylor-Storm

I remember when I was appointed to my first church and how disconnected and isolated I felt. During my first week, my phone rang. Rev. John Cordes invited me to a nearby diner for lunch, along with his exceptional lay leader, Rolly Loomis.

John, Rolly, and I met together at that diner many times. We shared joys and concerns, solved the world's problems, and worked on sermon illustrations. Those lunches became a lifeline for me. They reminded me that ministry was never meant to be lived alone.

Today, I want to invite you to take a moment to open this newly created map of the churches in our districts across Eastern PA and Greater NJ. Use this map as a devotion. Look at the congregations around you and pray for the people and ministries represented there. And then, if you have not already done so, take the next step. Invite someone from a neighboring church to coffee or lunch. Take time to meet those who are new to your area. Invite laity to join the conversation. Get to know one another—not simply as names on a map, but as people who are sharing the joys, challenges, and hopes of ministry.

As United Methodists, we believe in the power of connection. We know that we will never fully know God until we know one another. I give thanks to God to this day for those lunches with John and Rolly. They began with a simple invitation, but they became so much more:

friendship, encouragement, wisdom, and connection when I needed it most.

I invite you to take a moment today to look up your neighboring congregations. Pray for a church nearby. Then pick up the phone. Invite someone to lunch.

You never know when a simple invitation might become a lifeline for someone else.

We are making an SUMC Cookbook!

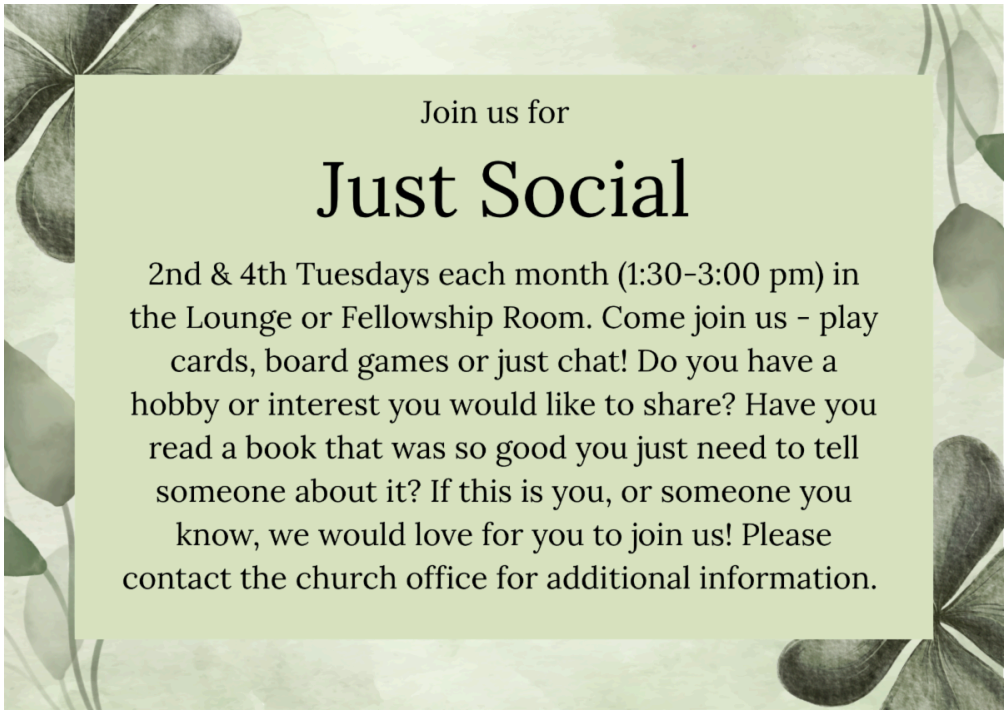
Please send in as many recipes as you would like. We ask you to also include your name and a brief backstory to your recipe with your submissions. Submit your typed recipes to the church office email address: office@stroudsburgumc.com by the end of September.



Join us for

Bible Study

Join us for Bible Study on Wednesday's at 10:00am in the lounge. This fall we are exploring the topic Judges Spiral : We repeat what we don't repair. The book of Judges and our lives have a lot in common. Join us as we explore both.



Join us for

Just Social

2nd & 4th Tuesdays each month (1:30-3:00 pm) in the Lounge or Fellowship Room. Come join us - play cards, board games or just chat! Do you have a hobby or interest you would like to share? Have you read a book that was so good you just need to tell someone about it? If this is you, or someone you know, we would love for you to join us! Please contact the church office for additional information.



Join us for

Stitch & Pray

Meetings are held on the first Monday of each month (7:00-8:30 pm) and the third Thursday of each month (1:30-3:00 pm). Meetings are held in the Lounge.

If you knit or crochet or would like to learn, please join us! All are welcome! For additional information, contact the church office. Please use the Ann Street entrance.

Walking the Legacy: The Naming of Bishop Richard Allen Way - Oct. 7

Join Bishop Moore-Koikoi and Bishop Samuel Lawrence Green Sr. for the re-naming of 6th and Lombard Street as Bishop Richard Allen Way in Philadelphia and a Historic Walk from St. George's UMC to Mother Bethel AME (rain or shine) on Wednesday, October 7 from 9am-2pm at St. George's UMC (235 North 4th Street, Philadelphia, PA 19106)[Register Here](#)

MARK SQUILLA
LIFE DISTRICT COORDINATOR

City Council
PHILADELPHIA

AME Church Incorporated 1816

Mother Bethel
AFRICAN METHODIST EPISCOPAL CHURCH
LAND PURCHASED 1791 • 154 YEARS AGO

CELEBRATING BLACK EXCELLENCE
FROM AMERICA'S BEGINNING
1776 • THE USA SEMIQUINCENTENNIAL • 2026

**Join Us For The
OFFICIAL
STREET RENAMING
of
BISHOP RICHARD ALLEN WAY**

Wednesday, October 7, 2026 | 11AM
Corner of 6th & Lombard Streets

	9:00 AM	Gather at Historic St. George's United Methodist Church (235 N. 4th St.)
	10:00 AM	Walk to Mother Bethel AME Church (419 S. 6th St.)
	11:00 AM	Official Street Renaming Ceremony & Celebration

Mother Bethel AME Church sits on the oldest parcel of land continuously owned by African Americans, purchased on October 10, 1791, by Bishop Richard and Flora Allen.

Land Ownership Week | October 6th - 11th

Bishop Samuel L. Green Sr.
Presiding Bishop, 2024 Episcopal United Methodist Episcopal Church

Rev. Carolyn C. Cavaness
24th Bishop, United Methodist Episcopal Church

Bishop Cynthia Moore-Koiki
President, Episcopal Conference of the United States

Reverend William B. Wilson Sr.
Pastor, Historic St. George's United Methodist Church

Ushers are needed for the 11:00AM
Sunday Worship Service. If you are
available on a regular basis or once in a
while, please contact the church office.
Your help will be greatly appreciated.

Grocery Bags Are Needed for an Ongoing Project to Help Others

By Pastor Margie

We have been asked to collect our usual, plastic grocery bags. We have a congregant whom will take them to her ally, every week. The colleague will crochet them into mats for the homeless to use under their sleeping bags, they are six feet by four feet and a few inches deep. The Salvation Army will accept as many of them as she can make to donate to them. We will have a container, in the Fellowship Room, for you to drop them off when it works for you. We have such a marvelous church family and we are truly a community church in the ways we help so many people in multiple ways!

Thank you for helping us and others!

CSM Mini Academy Nov 7 at Hopewell UMC

All laity are invited to the Mini Laity Academy, at Hopewell UMC in the South District (852 Hopewell Road, Downingtown, PA) on Nov. 7 from 8am-5pm.

Choose from four engaging courses:

- The Basic Course with Judy Ehninger
- Finding Your Voice: Essentials of Preaching - an advanced speaking course led by Rev. Amy Banka.
- Leadership Lessons from a Reluctant Prophet - a leadership course led by Rev. Steve Morton.
- Finishing Strong: Nurturing our Aging Congregations - a caring ministries course led by CSM's Margie Krut and Celeste Schiller.

Registration and more information can be found on the [Christ Servant Ministries website](#) or [here](#). Contact Sheri Kentner at sherikentner@gmail.com if you have any questions.

Please note that there is a group traveling from the Poconos - let Pastor Monica know if you are interested.

American Red Cross



Give blood.

**Community Blood
Drive**

**Stroudsburg
United Methodist Church**

Social Hall
547 Main Street
Stroudsburg, PA 18360

**Wednesday, November 25, 2026
11:00 a.m. to 4:00 p.m.**

Red Cross Blood Drive: There will be a blood drive at the church on Wednesday, November 25th from 11-4. Sign up here:

<https://www.redcrossblood.org/give.html/donation-time?zipSponsor=18360&driveType=all>

Prayer Partners: Prayer Partners are a wonderful ministry with our young people. We have a few young people left who need someone to pray for them throughout the year and send encouragement. Cards with their names will be placed on the chancel rail. Contact the office for their addresses. Thanks for making a difference in the lives of others.

Remembering 9/11 at John Street Church

Those initial days after the Sept. 11 terrorist attacks in New York City were a whirlwind for members of nearby John Street United Methodist Church. So many things ran through my head as I watched the news on that day 25 years ago. [Read Cardwell's reflections.](#)



HELP US

PAINT THE TOWN RED

RED BOW: \$25 **RED BOW WITH DEDICATION: \$35**

ALL PROCEEDS BENEFIT LOCAL FOOD PROJECTS IN STROUDSBURG.



CONTRIBUTE HERE:
STROUDSBURGUMC.COM

PAY IN PERSON OR MAIL TO STROUDSBURG UMC
547 MAIN ST
STROUDSBURG, PA 18360

*HELP US END HUNGER AND BRIGHTEN OUR TOWN
WITH THESE BIG RED BOWS!*

We will have a table on the square for
Spooky Stroudsburg and the Tree Lighting

THANK YOU TO THE POTTING SHED ON ANN
STREET FOR MAKING THE BOWS!



Interfaith Vigil Against Hate Violence

Sponsored by the St. Max Social Concerns Committee in Collaboration with our Interfaith Community

“A vision of healing, a voice of hope”

3 P.M. Sunday, October 4th

St. Maximilian Kolbe Parish

5112 Pocono Crest Road, Pocono Pines

A CALL FOR PEOPLE OF FAITH AND ALL PEOPLE OF GOOD WILL TO:

- *Act nonviolently as agents of healing in their communities.*
- *Stand up to hate violence directed at anyone.*
- *Speak out when people are attacked due to their race, religion, sexual orientation, nationality, disability, gender, political ideology, or economic status.*
- *Raise a united voice against hate violence.*

Call or text 570-242-6165 for more information.



LIFELINE GLOBAL MEAL PACK

Friday & Saturday, Nov. 13-14, 2026

Help package nutritious meals that will be shipped globally to children and families who are impacted by hunger and malnutrition.

All it takes is an 90 minutes of your time

- Individual sponsorship of \$65 to package 200 shelf stable, nutritious meals.
- Team sponsorships \$455 to package 1, 400 meals



Packing Times:

- Friday 11/13
 - 5 pm - 6:30 pm
 - 7 pm - 8:30 pm
- Saturday 11/14
 - 8:30 am - 10 am
 - 10 am - 11:30 am
 - 12 pm - 1:30 pm
 - 1:30 pm - 3:30 pm



Register at <https://esumc.net/events>
Contributions and pledges also accepted online.



Then Sings My Soul

BELOVED HYMNS AND SONGS INSPIRED BY THE MINISTRY OF BILLY GRAHAM

Sunday, November 8 at 4PM
Cherry Lane United Methodist Church
4326 Cherry Lane Church Road
Tannersville, PA

Free Concert Event!

Come and celebrate Cherry Lane Church's 160th Anniversary with this original musical program about hymns, their histories, and the Billy Graham ministry.

Please call 570-629-1990 for more information.

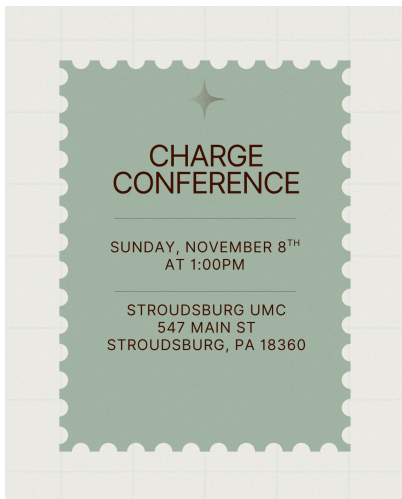
www.LeePproductionsLLC.com

Church Women United Christmas Stockings

For September: Nail clippers and emery boards

Bring donations to the bin in the Fellowship Room. Our stockings are distributed in December to groups including nursing homes, PATH, Street2Feet, Salvation Army and Meals on Wheels. Thank you!





Mark your calendar for our Charge Conference on November 8th at 1:00 pm. We will have lunch after the 11:00 service, and everyone is welcome to attend the Charge Conference. Our Charge Conference is the annual meeting of our church. Members are eligible to vote when appropriate. Team leaders, look for reporting information in your email. The Conference is using a new system called Brick Weaver, and you need to establish your own sign-in.

A poster for the "America 250 2ND MULTIFAITH CELEBRATION". The top features a red, white, and blue circular graphic with radiating lines, flanked by blue and red fireworks. The title "AMERICA 250" is in red script, and "2ND MULTIFAITH CELEBRATION" is in large blue block letters. Below the title, it says "Join us for a shared reading and roundtable discussion on America's founding ideals, shared values, and hopes for our country". A red banner contains the date and time: "SEP. 27 | 2:30-4:30 PM". The location is "The Church of Jesus Christ LDS, 3232 Sunrise Dr, Stroudsburg". A QR code is labeled "RSVP". Logos for "POCONO INTERFAITH COUNCIL" and "faith 250" are at the bottom. On the right side, there is a stylized illustration of the Statue of Liberty's head and torch, rendered in red, white, and blue.



We have started collecting donations for the Valor House for this Thanksgiving: A collection box is in the Fellowship room. Needed are: canned corn, green beans and cranberry sauce, cans or jars of turkey gravy, 1 pound bags of brown rice, boxed turkey stuffing, canned fruit pie filling, cake mixes and cake frosting. We will be collecting now through the end of September.





FAITH FRIENDS CAFE

Presented by Faith United Methodist Church

A PLACE OF JOY & CONNECTION

Community members experiencing cognitive challenges and their caretakers are invited to enjoy friendship, activities, and a light meal. Caretakers stay and participate alongside their loved ones.

Led by a Cognitive Specialist and Licensed Occupational Therapist



 Fun & Meaningful Activities

 Community Connection

 Nourishment & Fellowship

REMAINING 2026 DATES

-  **AUGUST:** 12 & 26
-  **SEPTEMBER:** 9 & 23
-  **OCTOBER:** 7 & 21
-  **NOVEMBER:** 4 & 18
-  **DECEMBER:** 2 & 16

ALL GATHERINGS: 11:00 AM-1:00 PM

REGISTRATION IS NOW OPEN!



www.stroudsburgfaith.org/faith-friends
Telephone: 570-424-0712

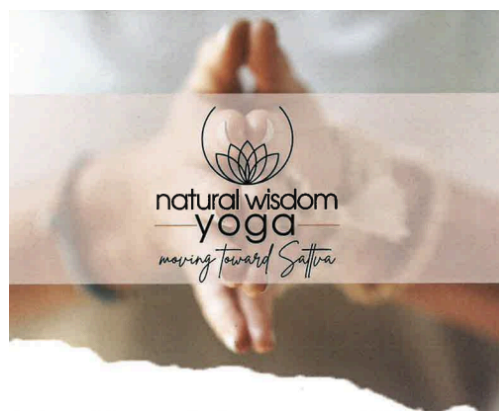
 Wilson Fellowship Hall
Faith United Methodist Church
1160 Clause Dr., Stroudsburg, PA

 **VOLUNTEERS NEEDED & WELCOMED!**

SUPPORTED BY OUR COMMUNITY SPONSORS





Hatha Yoga Class

Kripalu based yoga
accessible to every body

Tuesdays 7:15 - 8:30 PM

\$50 per 4 weeks OR

\$15 per drop-in class



www.naturalwisdomyoga.com
naturalwisdomyoga@gmail.com



POCONO PLATEAU
CAMP AND RETREAT CENTER



UPCOMING EVENTS

FRI 9/11
TO
SUN 9/13

80th Anniversary Weeknd Celebration
Day Event Option available

FRI 9/25
TO
SUN 9/27

Knitting & Crocheting Retreat
(see website for day options)

TUE 9/29
TO
FRI 10/2

Older Adult Retreat - Ages 55+
(see website for day options)

TUE 9/29
TO
FRI 10/2

Men's Retreat
"Power Down"

FRI 10/16
TO
SUN 10/18

Wellness Retreat - Ages 18+
(see website for day options)

FEB
2027
TBD

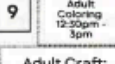
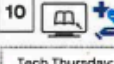
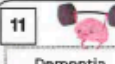
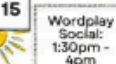
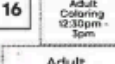
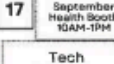
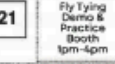
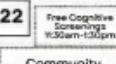
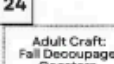
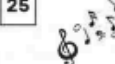
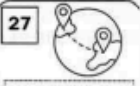
**Children's Jamboree &
Youth Winter Blast**

September 2026 Adult Programs at Hughes Library

1002 N. Ninth Street, Stroudsburg, PA • 570-421-0800

Hughes Hours

Sunday: 12pm-5pm
Monday: 9am-8pm
Tuesday: 9am-8pm
Wednesday: 9am-8pm
Thursday: 9am-8pm
Friday: 9am-5pm
Saturday: 9am-5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30  	31  Fly Tying Demo & Practice Booth 1pm-4pm (drop-in) Chair Yoga w/ Luz 2pm-3pm	1  Ask a Master Gardener 2pm - 3pm Wordplay Social: 1:30pm - 4pm HUB Book Club 6:30pm	2  Color Yourself Calm 12:30pm - 3pm (drop-in)	3  Tech Thursday: Microsoft Word Basics 2pm-3pm (RR)	4  Chair Cardio w/ Luz 2pm-3pm	5 
6 CLOSED Library Closed - All Branches 	7 CLOSED Library Closed 	8  Free Film: Steel Magnolias (1989) 2pm Wordplay Social: 1:30pm - 4pm	9  Adult Craft: Gothic Paper Roses 2pm-3pm (RR) Booktalk Book Club 1pm	10  Tech Thursday: Computer Confidence Class 2pm-3pm (RR) Medicare 101 4pm-6:30pm (RR)	11  Dementia Awareness Booth 1pm-4pm (drop-in) Chair Cardio w/ Luz 2pm-3pm	12  Red Cross Blood Drive 9:30am-2:30pm
13  Sunday Sit & Stitch 1pm - 3pm	14  Fly Tying Demo & Practice Booth 1pm-4pm (drop-in) Chair Yoga w/ Luz 2pm-3pm	15  Wordplay Social: 1:30pm - 4pm Anthotyping Workshop: Nature's Photography 2pm-5:30pm (RR)	16  Adult Book Swap 2pm-4pm (drop-in) (RRq) Free PM Film: Labyrinth (1986) 5:30pm	17  Tech Thursday: Email Basics 2pm-3pm (RR) Kaleidoscope Book Club 6pm	18  Chair Cardio w/ Luz 2pm-3pm	19 
20 	21  Monday Sit & Stitch 3pm-5pm Chair Yoga w/ Luz 2pm-3pm	22  Community Dementia Awareness Training 11am-12pm (RR) Chair Zumba w/ Danny 5:30pm (RRq)	23  Color Yourself Calm 12:30pm - 3pm Library Board Game Night 4pm-8pm	24  Adult Craft: Fall Decoupage Coasters 2pm-3pm (RR) Job Hunting Online: Tips and Tricks 2pm-3pm (RR)	25  Free Concert: Sharla K. (R&B) Doors Open 6:30pm	26 Program descriptions on back! 
27  History Talk: Pennsylvania and the Immigration Act of 1924 2pm (RRq)	28  Fly Tying Demo & Practice Booth 1pm-4pm (drop-in) Chair Yoga w/ Luz 2pm-3pm	29  Wordplay Social: 1:30pm - 4pm Autumnal/Halloween Folded Card Workshop w/ Alicia 11am or 12:30pm (RR)	30  Color Yourself Calm 12:30pm - 3pm (drop-in) Self-Guided Paper Craft Social: Collage, Junk Journals & Scrapbooking 5pm-6:30pm (RRq)	(RR!) = Registration required (RRq) = Registration requested (it helps us!) All others, walk-in. <i>But all programs are free!</i> More info.? Want to register? Contact us! • 570-421-0800 ext. 317 • reference@monroepl.org • www.monroepl.org		

September's Highlighted Adult Programs@ Hughes Library

All library programs are **free**! However, some require or request registration.

To register or for more information, call our information desk at 570-421-0800 ext. 317.

These programs are intended for *adults*. For a **full** list of events with descriptions, visit www.monroepl.org.

Sunday, September 6th and Monday, September, 7th - All branches of EMPL will be CLOSED.

Adult Craft: Gothic Paper Roses - Wednesday, September 9th, 2pm-3pm - Eisemann Room - We'll use recycled book pages and black construction paper to create paper flowers with a striking, gothic-inspired look. Add an optional black construction-paper stem to make flowers for a small bouquet, create a single flower to decorate a card, or make flowers to use as adornments. For adults, ages 18+ only. Registration required. Registration opens Monday, August 24th. Call 570-421-0800 ext. 317 to register.

Medicare 101 with PAMedi - Thursday, September 10th, 4:00pm-6:30pm - Learn about Medicare eligibility, enrollment, costs, coverage options, prescription drug plans, appeals, Medicare Savings Programs, and more. Registration required. Call Office of the Aging at (570) 420-3746 to register. Registration not through the Library.

Anthotyping Workshop: Nature's Photography (Adult Craft) - Tuesday, September 15th, 2pm-3:30pm - Community Room - Led by local creator and educator Robin G., participants will explore anthotyping using found materials and plants to create an image on paper or fabric. Anthotyping is a photographic process that uses plant-based mixtures that react to sunlight. For adults, ages 18+ only. Registration required. Registration opens Monday, August 24th. Call 570-421-0800 ext. 317 to register.

Adult Book Swap: Bring a Book, Take a Book - Wednesday, September 16th 2pm-4pm, drop-in - Community Room - Bring a book, take a book - to keep! Only books in gently used condition will be accepted. Note: This is a book swap for adults and books will be mostly for adult readers with occasional young adult selections. Remaining books will be donated to the Friends of Eastern Monroe Public Library. For adults, but ages 16+ welcome. Registration helpful for staff but not required. Call 570-421-0800 ext. 317 to register.

Community Dementia Awareness Training - Tuesday, September 22nd, 11am-12pm - Community Room - Led by a specially trained Dementia Champion from Dementia Friendly PA, this informative session will provide clear, compassionate guidance and everyday strategies that can make a meaningful difference. Registration required. Call 570-421-0800 ext. 317 to register.

Adult Craft: Fall Decoupage Coasters - Thursday, September 24th, 2pm-3pm - Eisemann Room - Create your own set of autumn-inspired coasters using ceramic tiles, beautiful fall and Thanksgiving-themed napkins, and Mod Podge. We'll use a simple decoupage technique to transform the napkins into decorative, matte-finish coasters perfect for enjoying your favorite fall drinks. Expect messy hands! Adults, ages 18+ only. Registration required. Registration opens Tues., 9/8. Call 570-421-0800 ext. 317 to register.

Free BookHouse Concert: Sharla K. - Friday, September 25th, 7pm (doors open 6:30pm) - Community Room - Enjoy elements of elements of R&B, pop and inspirational music! All ages welcome. Refreshments available for a small cost; donations appreciated. Doors open at 6:30 PM; concert begins at 7:00 PM.

History Talk: Pennsylvania and the Immigration Act of 1926 - Sunday, September 27th, 2:00pm-2:45pm - 2nd Floor Magazine Area - Learn how the 1924 Immigration Act affected Pennsylvania and the people who called it home. This landmark legislation established country-by-country immigration quotas and ushered in a four-decade pause in mass immigration, shaping the population of the United States (and Pennsylvania!) throughout the 20th century. Registration preferred - limited seating. Call 570-421-0800 ext. 317.

Autumnal/ Halloween Folded Card Workshop w/ Inked Edge Paper Art - TWO TIME SLOTS - Tuesday, September 29th, 11am or 12:30pm - Eisemann Room - Create a beautiful, intricate autumn-themed or Halloween card perfect for the season! One hour workshop with step-by-step guidance; all supplies provided. You may only register for one session. Adults/Ages 18+ only. Registration required. Call 570-421-0800 ext. 317 to register. Registration opens Tuesday, September 8th at 9am.

Weekly/Semi-Weekly Programs (unless stated otherwise/not listed on calendar)

Mondays @ 1pm-4pm - **Drop-in Fly-Tying** - Join John from Trout Unlimited! Watch fly-tying & practice some, too! Ties donated to Valor. **Ages 14+.**

Mondays @ 2pm - **Chair Yoga** - Enjoy yoga and movement from a seated position—or explore standing mat poses. First come, first served!

Mondays (1st & 3rd Mondays only) from 3pm-5pm - **Sit & Stitch** - A social (not instructional) meet-up for crafts. Bring your WIP! Drop-in.

- Sit & Stitch also on 2nd Sundays from 1pm-3pm

Tuesday from 1:30pm-4pm - **Wordplay Social: Scrabble, Bananagrams, Word Puzzles, & More!** - Self-guided. Drop-in anytime.

Wednesdays from 12:30pm-3pm - **Color Me Calm: Adult Coloring** - Self-guided, all supplies provided. Drop-in anytime.

Thursdays @ 2pm - **Tech Classes** - Topic varies weekly. Free. For beginners but all welcome. **Registration required.** Call 570-421-0800.

Fridays @ 2pm - **Chair Cardio/Movement** - Enjoy cardio & movement from a seated position or try it standing. First come, first served!

Monthly Book Clubs

Questions or would like a Zoom link to join? Email reference@monroepl.org or call 570-421-0800 ext. 317. All are welcome!

HUB Book Club - 1st Tuesdays - Tuesday, 9/1, 6:30pm - Eisemann Room/Zoom - Sept.'s Book: Wild Dark Shore by Charlotte McConaghy.

BookTalk Book Club - 2nd Wednesdays - Wednesday, 9/9, 1:00pm - Board Room - Sept.'s Book: Station Eleven by Emily St. John Mandel.

Omnivorous Readers Book Club - 2nd Thursdays - Thursday, 9/10, 8:00pm - Zoom Only - Sept.'s Theme: Labor Day

- A BYOB Club - Bring Your Own Book! Read a title that matches the theme.

Kaleidoscope Book Club - 3rd Thursdays - Thursday, 9/7, 6:00pm - Pullen/Zoom - Sept.'s Theme: Dark Academia or Scary Thrills + LGBTQ Rep

- A BYOB Club - Bring Your Own Book! Read a title that matches the theme.

Happy
**BIRTHDAY
WISHES**

September Birthdays

4 Rob Stirton
4 Carmen O'Shea
4 Kevin Herron
6 Alisabeth Guepet
9 Nehemiah Stirton
14 Sherry Lombardi
22 Jeanette Kuhns
23 Peggy Stewart
25 Jenny Bogart
26 Brenda Rambo



**The 2026 Altar Flower
chart is up in the
Fellowship Room**

Please consider putting flowers on the
altar in memory of or in honor of a
special person or event. Two vases cost
\$37.50



Special Person of the Week

Kay Lee
1127 Kemmertown Road
Stroudsburg PA, 18360

Please remember her in prayer and if
possible, please send a card.

JOIN US LIVE

SUNDAYS AT 8:30 AND 11:00 AM

LIVE STREAM



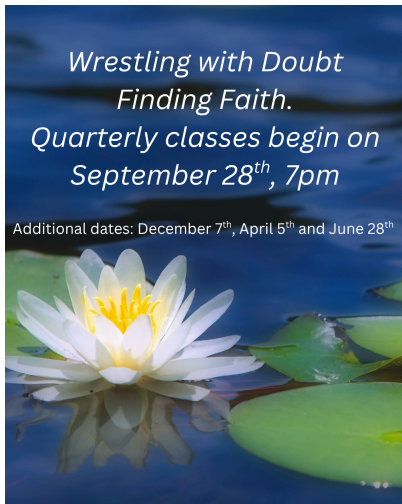
STROUDSBURGUMC.COM

YouTube: @stroudsburgumc3087

GROW!



COUNTERS NEEDED Our church is in need of additional counters of Sunday collections. If you have a couple of hours free on Monday mornings, please let the office know or call C.J. Penwell at 570-656-3993. You will work with a head counter who will train you on the procedures used. It is not difficult and is a casual atmosphere. Counters are scheduled for each Monday for a month and then rotate to another month throughout the year. Please consider volunteering to help the church in this way.



Finding Faith. Everyone has doubts. Where is God when bad things happen? Does God hear our prayers? Is there a heaven? How can we know? Often we treat such questions as the enemy of faith. But uncertainty doesn't mean our belief is lacking. Doubt can be a path to a deeper, richer encounter with God. This quarterly class is designed so that you can attend just one session if you cannot attend the others. Mark your calendars for September 28th, December 7th, April 5th, and June 28th, all at 7:00 pm.



OPEN SANCTUARY Every Wednesday, our church is open from noon to 1pm for prayer. We have a devotion and live prayer at 12:15. You can join us live in person, online or view it later on Facebook. You do not need a Facebook account to participate. Join us for Open Sanctuary.



COMMUNITY RESOURCE CENTER REVITALIZATION PROJECT

Did you know that our church is a resource for our community? In addition to our weekly Soup Kitchen, Boy Scout Troop and Cub Pack, we partner with community organizations like Red Cross blood drives and emergency shelter, and others to make a difference in our community. Our building and property team has been working on revitalization plans for our downstairs to reflect our needs and growth.

Updates and alignments to the kitchen, improvements, and accessibility to the bathrooms and refreshing to the dining room are included. Plans will be available for viewing after each service in the Fellowship Room. Ask our building and property team for more information.

UPDATE: As we are pondering donations to the Community Resource Center Revitalization Project keep this in your thoughts: Donations of \$10,000 or more will be recognized on a bronze plaque which will be unveiled at a dedication ceremony. Families might consider joining together to memorialize or honor a loved one.

MAKE A DIFFERENCE!

Give to a Mission

A variety of missions are supported by our church. You can make a difference both locally and around the world by giving to these missions. If there is a particular mission that interests you, please provide the information to the office. Thank you for your continued support! If you have questions, please contact the office.



Raise Right Gift Cards

You can purchase physical gift cards from the church or create an account and purchase on the app!

Steps to Download the Raise Right App and Get Started:

- **Download:** Open the app store on your phone and search for "RaiseRight".
- **Install:** Select the **RaiseRight Fundraising** app and install it.
- **Sign In:** If you have an existing ShopWithScrip account, use the same login credentials.
- **Create Account:** If new, click "Sign Up" and enter your organization's specific enrollment code, provided by your program coordinator.
- **Set Up Payment:** Link your bank account or credit card in the app to start purchasing e-gift cards immediately

WANT TO HELP?

HOPING TO BRING IN SOME ITEMS
YOU ALREADY HAVE OR CAN GET
EASILY? WANT TO HELP US SAVE
MONEY?

WE CAN ALWAYS USE:

REAMS OF WHITE 8.5X11 COPY PAPER
CASES OF WATER
13-GALLON UNSCENTED KITCHEN TRASH BAGS
60-GALLON HEAVY-DUTY KITCHEN TRASH BAGS
WAFFER COOKIES



**OR YOU CAN CHECK OUT OUR AMAZON WISHLIST TO
PLACE AN ORDER EASILY:**

[HTTPS://WWW.AMAZON.COM/HZ/WISHLIST/LS/9CXGGHMM1
THG?REF_=WL_SHARE](https://www.amazon.com/hz/wishlist/ls/9CXGGHMM1THG?ref=wl_share)



DID YOU KNOW?

The IRA Qualified Charitable Distribution (QCD) allows you, once you have reached the age of 70½, to donate up to \$100,000 within each tax year directly from your IRA without treating the distribution as taxable income. The contribution can be counted toward satisfying your required minimum distribution (RMD) for the year.

**Give to the church and care for your
financial health.**

As a result of your generosity, we are originating a grant for families seeking basic necessities at the Re-Store. We have established a partnership with Habitat for Humanity, Family Promise, and Safe Monroe, so that all families under case management seeking necessities (beds, tables, chairs) will receive them free of cost. The purchase will be funded from the Housing Families Grant. We are working with other faith organizations to support this effort. Thank you for caring for others. If at any point you would like to contribute to this grant, please mark your donation, Housing Families Grant, and we will be sure to administer the funds.



Giving is easier than ever. Use this QR code to give to the general fund or special ministry. Contact the office for more information.



Pastor's Discretionary Fund

Thanks to your generosity, we have already assisted dozens of families with rental assistance, utilities, food, and other essential needs. With changes to federal, state, and county funding, we are seeing an increase in the number of those coming for assistance. While we work with other agencies, the impact of funding shortages is affecting a lot of organizations. If you are able to contribute to our pastor's discretionary fund at any point and any amount, please place your contribution in the offering plate with the designation. You can also give on our website stroudsburgumc.com/donate
Thank you for helping us care for others.



We are still collecting Weis receipts. Weis Markets gives back 1% of the total of each receipt submitted. It all adds up! Please continue to bring your Weis receipts to church and place them in the large canister in the Fellowship Room.

Please note: the entire receipt needs to be submitted. Please do not cut the bottom of the receipt off. If the bottom portion of the receipt is cut off, we cannot submit it to Weis.

Receipts for prescriptions and gift cards can also be submitted.

Thank you for bringing in your Weis receipts! They make a difference. For the first quarter of 2026, we just received a check for \$215.42. This is additional funding from Weis, generated by your submitted receipts, that supports our ministry efforts. Our gratitude to Ann

Litchman, who tallies and implements this program. Don't forget to drop off your receipts in the coffee can labeled "WEIS RECEIPTS" in the Fellowship Room.

These funds are contributed to our General Fund and allow us to continue the ministries of our church. Please continue to bring in your receipts!



SUMC's Amazon Wish Lists

Soup Kitchen Needs

[Amazon Wish List - Soup Kitchen](#)

Building Our Library

[Amazon Wish List - Building Our Library](#)

Soup Kitchen

Our Soup Kitchen is a vital ministry feeding our neighbors every Sunday. We continue to serve take-out meals as well as offer our guests the option to sit down in the dining room and eat. Food stability remains a vital part of our community. Meals are served every Sunday from 2-3pm. We are always looking for additional volunteers to prepare and serve the meals.

Are you looking for how you can help the Soup Kitchen if you are unable to prepare and serve meals? When you are shopping, we need the following: Cases of water and Styrofoam take out containers. Check out our Amazon Wish List for Soup Kitchen and have items sent directly to the church! [Amazon Wish List - Soup Kitchen](#)

Thanks for serving our neighbors.

SOUP KITCHEN UPDATE FOR 2026:

As of June 7th, we have served over 800 meals this year.



Stroudsburg United Methodist Church | 547 Main St | Stroudsburg, PA 18360 US

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